## One Day Herbarium Making Workshop by Faculty of Sowa Rigpa at CIBS Leh

Choglamsar, 3/08/2023

The Faculty of Sowa Rigpa at Central Institute of Buddhist Studies (CIBS) organized a highly successful one-day Herbarium Making Workshop. The workshop aimed to promote the preservation of traditional medicinal knowledge and foster a deeper understanding of botanical diversity in the region.

The event took place at the prestigious CIBS campus in choglamsar and saw enthusiastic participation from students, scholars, and faculty member of sowa rigpa faculty. Dr. Manoj, a renowned expert from the Defense Institute of High-Altitude Research (DIHAR) Leh, graced the occasion as the guest speaker. His expertise and insights further enriched the learning experience for all attendees.





Week long Herbal Medicinal Tour to Changla Pass.







## One Day Free Medical Camp at Sowa-Rigpa Teaching Hospital.

Choglamsar, 12th August 2022

To commemorate the 75th years of India independence, under the "Azadi ki Amrit Mahotsva" programme the Sowa Rigpa Department, Central Institute of Buddhist Studies, Leh conduct free medical camp at Sowa Rigpa Hospital of the institute on 12th August 2022. The main objective of this medical camp is to spread awareness and benefits of Sowa Rigpa Medicine among general public. The total Number of 150 Patient was treated during the free medical camp.







## Week Long Free Medical Camp in Nubra Valley

To commemorate the 75th years of India independence, under the "Azadi ka Amrit Mahotsav" programme the Sowa Rigpa Department, Central Institute of Buddhist Studies, Leh conduct free medical camp at Nubra valley for six days from 7th August to 11th August 2022. The main objective of this medical camp is to spread awareness and benefits of Sowa Rigpa Medicine among general public. The medical camp covers six villages of Skuru, Largyap, Bodgang, Chulungkha, Tutrtuk and Tyakshi for the period of 6 days. The total Number of 250 Patient was treated during the camp. The Medical team of Dr. Stanzin Kunphel, Dr. Stanzin Chosrab, Intern Dr. Padma Rigzin and Intern Dr. Lotus Otzer had conducted the medical camp successfully.



