

CIBS
Class: Shastri (B.A.)
Subject: Sports (VAC)
Time: 2 Hrs
Session: 2024

2041
Year: I
Paper: 7th
Marks: 50
Semester: Second

Section – A

Answer any ten of the following short questions.

1x10=10

1. When is National Sports Day celebrated in India ?
2. What was the real name of Dhyan Chane ?
3. Who is known as the "Flying Sikh" of India ?
4. With which sports is " popping Crease " Associated ?
5. Badminton is the National sports of which Country ?
6. How many players are there in Hockey ?
7. Which Country envented Football ?
8. Hockey is the National sports of which country ?
9. Who is the India Male boxer to win a Medal at the Olympic ?
10. Kabaddi was Introduced for the first time in the national games of India , in which year ?
11. Ranji Trophy is related to which sports ?
12. Archery is the national sports of which country ?

Section – B

Answer any five questions of the following questions.

3x5=15

- Q.1 Write a note on the sports Authority of India (SAI) giving it objective ?
- Q. 2 How do sports influence national identify and Unity ?
- Q. 3 What are the five objective of physical education ?
- Q. 4 When was the SAI Khelo India test introduced ?
- Q. 5 What is the difference between ICC and BCC ?
- Q. 6 What is the importance of Kabaddhi ?

Section – C

Answer any five questions of the following questions.

5x5=25

- Q.1 Why are sports important in students life ?
- Q. 2 What do you mean by sports Nutrition ?
- Q. 3 What is the relation between health and Sports ?
- Q. 4 What iis the definition of shorts psychology ?
- Q. 5 Write an Essay on sports ?
- Q. 6 What is the motivation in sports Psychology ?